

# Edale Rise Primary and Nursery School

## Anti-Bullying Policy Pupil policy

### **Introduction:**

**Bullying of any kind is unacceptable in our school.**

If you have any worries over bullying please speak to a grown up in school.

### **What is bullying?**

Bullying is when someone keeps hurting another person (physically or emotionally). This may happen in school, on the way to school, at home or over the internet.

### **Prevention of Bullying:**

At Edale, we try to stop bullying happening by:

- Having school rules and a traffic light system
- Being a team and respecting everyone
- Teaching pupils how to behave and get on with each other and talking about how it feels to be bullied. Making sure pupils have lessons on internet safety
- Joining in the national anti-bullying week
- Making sure grownups in school know how to teach lessons on anti-bullying and respecting each other
- Having the friendship stop in the playground

### **Types of Bullying:**

- Emotional: unfriendliness, exclusion, tormenting, threatening
- Physical: any threat or use of physical violence
- Racist or religious: racial or religious taunts, graffiti, gestures
- Sexual: unwanted physical contact or abusive comments
- Verbal: name calling, rumours, teasing
- Cyber: misuse of areas of internet, threats via mobile 'phone or internet chat rooms

### **Reporting and Responding to Bullying:**

You can let someone know about your worries by -

- Speaking to your class teacher
- Speaking to another member of staff
- Putting a piece of paper with your name on in the 'Chatterbox' in the corridor
- Talking to another child, who can then report to staff
- Talking to their parent, who can then report to staff

Grown-ups in school might then -

- Talk to you about your worries and work out how to sort it out
- Teach a special lesson in your class about bullying
- Talk to the Headteacher so that a plan can be made to stop the bullying
- Talk to your grown-ups at home so that they can help too

Outcomes:

- The bullying will need to be stopped straight away. Grown-ups will make sure that they have spoken to everyone involved to work out how to sort the bullying out. The Headteacher will speak to children who have been bullying. The Headteacher will decide what to do next – it will depend on what has happened. The child's parents might be asked to meet the Headteacher and the child might be suspended or excluded. There will also be help for you. There are many ways grown-ups in school can help you but we will work with you to decide the best things to do.

Appendix 1:

## **Signs and Symptoms of Bullying**

In school, the grown-ups are here to help you. They might notice a change in your behaviour and sometimes this might be because of bullying. They will look out for things such as:

- Changes in behaviour or feelings
- Not wanting to come to school
- Crying
- Tiredness
- Changes in eating – for example eating a lot more or less
- Bruises and cuts
- Not wanting to play with children
- Not wanting to use a mobile phone
- Destruction of property/theft

If you are being bullied you must let someone know so that you can get help. It is then up to the grown-ups in school to sort things out and make sure the bullying has stopped.

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