

Overview of PSHE lesson plans using Coram Education- Safety Caring Achievement Resilience Friendship (SCARF)

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<p>Health and Wellbeing > Growing and Changing <u>Growing and changing in nature</u></p> <p><u>When I was a baby</u></p> <p><u>Girls, boys and families</u></p> <p>Me and My Relationships > All about me <u>Marvellous me!</u></p> <p><u>I'm special</u></p> <p>Me and My Relationships > My Special People <u>People who are special to me</u></p> <p>Valuing Difference > Same and Different <u>Me and my friends</u></p> <p>Valuing Difference > Different Families and Homes <u>Friends and family</u></p> <p>Valuing Difference > Kindness and Caring <u>Including everyone</u></p> <p>Keeping Myself Safe > Keeping my Body Safe <u>Safety Indoors and Outdoors</u></p>	<p>Health and Wellbeing > Healthy Lifestyles <u>Eat well</u></p> <p><u>Our feelings</u></p> <p><u>Harold's wash and brush up</u></p> <p><u>Catch it! Bin it! Kill it!</u></p> <p><u>I can eat a rainbow</u></p> <p><u>Healthy me</u></p> <p><u>Super sleep</u></p> <p>Health and Wellbeing > Keeping Safe <u>Harold loses Geoffrey</u></p> <p><u>Who can help? (1)</u></p> <p><u>Harold's school rules</u></p> <p><u>What could Harold do?</u></p> <p>Health and Wellbeing > Growing and Changing <u>Harold learns to ride his bike</u></p> <p><u>Then and now</u></p> <p><u>Inside my wonderful body!</u></p> <p><u>Keeping privates private</u></p> <p><u>Taking care of a baby</u></p> <p>Relationships > Healthy Relationships <u>Surprises and secrets</u></p> <p><u>Good or bad touches?</u></p> <p><u>Unkind, tease or bully?</u></p> <p><u>Who can help? (2)</u></p>	<p>Health and Wellbeing > Healthy Lifestyles <u>My day</u></p> <p><u>Harold's bathroom</u></p> <p><u>Harold's postcard - helping us to keep clean and healthy</u></p> <p><u>My body needs...</u></p> <p><u>What does my body do?</u></p> <p>Health and Wellbeing > Keeping Safe <u>How safe would you feel?</u></p> <p><u>What should Harold say?</u></p> <p><u>Harold's picnic</u></p> <p><u>Respecting privacy</u></p> <p>Health and Wellbeing > Growing and Changing <u>You can do it!</u></p> <p><u>Sam moves away</u></p> <p><u>Haven't you grown!</u></p> <p><u>My body, your body</u></p> <p>Relationships > Healthy Relationships <u>Should I tell?</u></p> <p><u>Solve the problem</u></p> <p><u>A helping hand</u></p>	<p>Health and Wellbeing > Healthy Lifestyles <u>Derek cooks dinner! (healthy eating)</u></p> <p><u>Poorly Harold</u></p> <p><u>Body team work</u></p> <p>Health and Wellbeing > Keeping Safe <u>The Risk Robot</u></p> <p><u>Safe or unsafe?</u></p> <p><u>Helping each other to stay safe</u></p> <p><u>Getting on with your nerves!</u></p> <p><u>Alcohol and cigarettes: the facts</u></p> <p><u>Help or harm?</u></p> <p><u>None of your business!</u></p> <p><u>Raisin challenge (1)</u></p> <p>Health and Wellbeing > Growing and Changing <u>My special pet</u></p> <p><u>Top talents</u></p> <p><u>I am fantastic!</u></p> <p>Relationships > Healthy Relationships <u>Tangram team challenge</u></p> <p><u>Looking after our special people</u></p> <p><u>Danger or risk?</u></p>	<p>Health and Wellbeing > Healthy Lifestyles <u>Making choices</u></p> <p><u>SCARF Hotel</u></p> <p>Health and Wellbeing > Keeping Safe <u>Danger, risk or hazard?</u></p> <p><u>Who helps us stay healthy and safe?</u></p> <p><u>Picture Wise</u></p> <p><u>Keeping ourselves safe</u></p> <p><u>Know the norms</u></p> <p><u>Medicines: check the label</u></p> <p><u>When feelings change</u></p> <p><u>Under pressure</u></p> <p><u>Raisin challenge (2)</u></p> <p>Health and Wellbeing > Growing and Changing <u>An email from Harold!</u></p> <p><u>Moving house</u></p> <p><u>My feelings are all over the place!</u></p> <p><u>All change!</u></p> <p>Relationships > Healthy Relationships <u>Ok or not ok? (part 2)</u></p> <p><u>Ok or not ok? (part 1)</u></p> <p><u>Islands</u></p>	<p>Health and Wellbeing > Healthy Lifestyles <u>Smoking: what is normal?</u></p> <p><u>Getting fit</u></p> <p><u>It all adds up!</u></p> <p>Health and Wellbeing > Keeping Safe <u>'Thinking' about habits</u></p> <p><u>Jay's dilemma</u></p> <p><u>Independence and responsibility</u></p> <p><u>Spot bullying</u></p> <p><u>Communication</u></p> <p><u>Our emotional needs</u></p> <p><u>Would you risk it?</u></p> <p><u>Being assertive</u></p> <p><u>Drugs: true or false?</u></p> <p><u>Decision dilemmas</u></p> <p><u>Play, like, share</u></p> <p>Health and Wellbeing > Growing and Changing <u>Different skills</u></p> <p><u>How are they feeling?</u></p> <p><u>Star qualities?</u></p> <p><u>Dear Hetty</u></p>	<p>Health and Wellbeing > Healthy Lifestyles <u>Five Ways to Wellbeing project</u></p> <p><u>I look great!</u></p> <p><u>We have more in common than not</u></p> <p>Health and Wellbeing > Keeping Safe <u>It's a puzzle</u></p> <p><u>Rat Park</u></p> <p><u>What sort of drug is...?</u></p> <p><u>Think before you click!</u></p> <p><u>Traffic lights</u></p> <p><u>What's the risk? (1)</u></p> <p><u>Drugs: it's the law!</u></p> <p><u>Alcohol: what is normal?</u></p> <p><u>Joe's story (part 1)</u></p> <p><u>Joe's story (part 2)</u></p> <p><u>What's the risk? (2)</u></p> <p><u>To share or not to share?</u></p> <p><u>Pressure online</u></p> <p>Health and Wellbeing > Growing and Changing! <u>Helpful or unhelpful? Managing change</u></p> <p><u>Boys will be boys? - challenging gender stereotypes</u></p> <p><u>This will be your life!</u></p>

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<p>What's safe to go into my body</p> <p>Keeping Myself Safe > People who Help Keep me Safe People who help to keep me safe (N)</p> <p>Rights & Responsibilities > Looking after Myself and my Friends Looking after myself</p> <p>Looking after others</p> <p>Rights & Responsibilities > Caring for my Environment Looking after my environment</p> <p>Being my Best > Bouncing Back (growth mindset) I can keep trying</p> <p>I can do it!</p> <p>Being my Best > Exercise and Sleep What does my body need?</p> <p>Reception plans</p> <p>Me and My Relationships > All about me All about me</p> <p>What makes me special</p>	<p>How are you listening?</p> <p>Pass on the praise!</p> <p>Sharing pictures</p> <p>Relationships > Feelings and Emotions Thinking about feelings</p> <p>Harold has a bad day</p> <p>Who are our special people?</p> <p>Feelings and bodies</p> <p>Relationships > Valuing Difference It's not fair!</p> <p>Good friends</p> <p>Same or different?</p> <p>Living in the Wider World > Rules, Rights and Responsibilities Why we have classroom rules</p> <p>Taking care of something</p> <p>Our special people balloons</p> <p>Basic first aid</p> <p>Living in the Wider World > Caring for the Environment Around and about the school</p> <p>Living in the Wider World > Money Harold's money</p> <p>How should we look after our money?</p>	<p>I don't like that!</p> <p>Bullying or teasing?</p> <p>Don't do that!</p> <p>Types of bullying</p> <p>Some secrets should never be kept</p> <p>Feeling safe</p> <p>Playing games</p> <p>Relationships > Feelings and Emotions How are you feeling today?</p> <p>How do we make others feel?</p> <p>My special people</p> <p>Being a good friend</p> <p>Let's all be happy!</p> <p>Fun or not?</p> <p>Relationships > Valuing Difference An act of kindness</p> <p>What makes us who we are?</p> <p>Living in the Wider World > Rules, Rights and Responsibilities Our ideal classroom (1)</p> <p>Our ideal classroom (2)</p>	<p>Body space</p> <p>How can we solve this problem?</p> <p>Friends are special</p> <p>Zeb</p> <p>Relationship Tree</p> <p>Relationships > Feelings and Emotions Secret or surprise?</p> <p>Dan's dare</p> <p>Relationships > Valuing Difference Family and friends</p> <p>Respect and challenge</p> <p>Let's celebrate our differences</p> <p>Living in the Wider World > Rules, Rights and Responsibilities As a rule</p> <p>Our friends and neighbours</p> <p>For or against?</p> <p>Thunks</p> <p>Recount task</p> <p>Super Searcher</p> <p>Basic first aid</p> <p>Living in the Wider World > Caring for the Environment Let's have a tidy up!</p> <p>My community</p>	<p>Human machines</p> <p>Can you sort it?</p> <p>Together</p> <p>Relationships > Feelings and Emotions Different feelings</p> <p>Secret or surprise?</p> <p>How dare you!</p> <p>Relationships > Valuing Difference Friend or acquaintance?</p> <p>What would I do?</p> <p>What makes me ME!</p> <p>Living in the Wider World > Rules, Rights and Responsibilities How do we make a difference?</p> <p>In the news!</p> <p>The people we share our world with</p> <p>Safety in numbers</p> <p>That is such a stereotype!</p> <p>It's your right</p> <p>Basic first aid</p> <p>Living in the Wider World > Caring for the Environment Logo quiz</p>	<p>Help! I'm a teenager - get me out of here!</p> <p>Relationships > Healthy Relationships It could happen to anyone</p> <p>Taking notice of our feelings</p> <p>Collaboration Challenge!</p> <p>Give and take</p> <p>Relationship cake recipe</p> <p>Stop, start, stereotypes</p> <p>Relationships > Feelings and Emotions How good a friend are you?</p> <p>Dear Ash</p> <p>Ella's diary dilemma</p> <p>Is it true?</p> <p>Relationships > Valuing Difference Qualities of friendship</p> <p>Kind conversations</p> <p>Happy being me</p> <p>Living in the Wider World > Rules, Rights and Responsibilities</p>	<p>Media manipulation</p> <p>Relationships > Healthy Relationships Solve the friendship problem</p> <p>Working together</p> <p>Let's negotiate</p> <p>Behave yourself</p> <p>Assertiveness skills (formerly Behave yourself - 2)</p> <p>Don't force me</p> <p>Acting appropriately</p> <p>Relationships > Feelings and Emotions Dear Ash</p> <p>Dan's day</p> <p>Relationships > Valuing Difference Advertising friendships!</p> <p>Respecting differences</p> <p>OK to be different</p> <p>Living in the Wider World > Rules, Rights and Responsibilities Captain Coram 1 - Gin Lane: children's rights in the 18th century</p> <p>Captain Coram 2 - Thomas Coram and the Foundling Hospital</p> <p>Captain Coram 3 - Funds for Foundlings: 18th century artists</p>
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<p>Me and My Relationships > My Special People Me and my special people Who can help me?</p> <p>Me and My Relationships > My Feelings My feelings My feelings (2)</p> <p>Valuing Difference > Same and Different I'm special, you're special Same and different</p> <p>Valuing Difference > Different Families and Homes Same and different families Same and different homes</p> <p>Valuing Difference > Kindness and Caring I am caring (formerly Kind and caring -1) Kind and caring (2)</p> <p>Keeping Myself Safe > Keeping my Body Safe What's safe to go onto my body Keeping Myself Safe - What's safe to go</p>		<p>When I feel like erupting When someone is feeling left out Getting on with others Basic first aid</p> <p>Living in the Wider World > Caring for the Environment How can we look after our environment?</p> <p>Living in the Wider World > Money Harold saves for something special Harold goes camping</p>	<p>Our helpful volunteers Harold's environment project</p> <p>Living in the Wider World > Money Can Harold afford it? Earning money</p>	<p>Volunteering is cool My school community (1) Harold's Seven Rs</p> <p>Living in the Wider World > Money Harold's expenses Why pay taxes?</p>	<p>Local councils What's the story? Fact or opinion? The land of the Red People Basic first aid, including Sepsis Awareness</p> <p>Living in the Wider World > Caring for the Environment Rights, responsibilities and duties My school community (2) Mo makes a difference</p> <p>Living in the Wider World > Money Spending wisely Lend us a fiver! Boys will be boys? - challenging work-place gender stereotypes</p>	<p>raise money for the 1st children's charity Captain Coram 4 - Hetty Feather, fictional founding: children's rights in the 19th century Captain Coram 5 - Life for Foundlings in the 20th century Captain Coram 6 - Coram today: children's rights in the 21st century Our recommendations Two sides to every story Fakebook friends Tolerance and respect for others Democracy in Britain 1 - Elections Democracy in Britain 2 - How (most) laws are made Basic first aid, including Sepsis Awareness</p> <p>Living in the Wider World > Caring for the Environment Project Pitch (parts 1 & 2) Community art Action stations! Happy shoppers</p> <p>Living in the Wider World > Money What's it worth?</p>
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<p>into my body (including medicines)</p> <p>Safe indoors and outdoors</p> <p>Keeping Myself Safe > Listening to my Feelings Listening to my feelings (1)</p> <p>Keeping Myself Safe > People who Help Keep me Safe Keeping safe online</p> <p>People who help to keep me safe</p> <p>Rights & Responsibilities > Looking after Myself and my Friends Looking after my special people</p> <p>Looking after my friends</p> <p>Rights & Responsibilities > Caring for my Environment Being helpful at home and caring for our classroom</p> <p>Caring for our world</p> <p>Rights & Responsibilities > Looking after Money</p>						<p>Jobs and taxes</p>
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<p><u>Looking after money (1): recognising, spending, using</u></p> <p><u>Looking after money (2): saving money and keeping it safe</u></p> <p>Being my Best > Bouncing Back (growth mindset) <u>Bouncing back when things go wrong</u></p> <p><u>Yes, I can!</u></p> <p>Being my Best > Healthy eating <u>Healthy eating (1)</u></p> <p><u>Healthy eating (2)</u></p> <p>Being my Best > Exercise and Sleep <u>Move your body</u></p> <p><u>A good night's sleep</u></p> <p>Growing & Changing > Changes <u>Seasons</u></p> <p><u>Life stages - plants, animals, humans</u></p> <p>Growing & Changing > Life Stages <u>Life Stages: Human life stage - who will I be?</u></p> <p>Growing & Changing > Changing bodies <u>Getting bigger</u></p>						
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<u>Me and my body - girls and boys</u>						
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