

## PROGRESSION MAP 2021-2022

### Overview of units

EYFS	Gymnastics – High Low Over Under, Moving Dance – Nursery Rhymes, Ourselves	Attack V Defence – Games for Understanding Ball Skills – Feet, Hands	Locomotion – Jumping Walking
Y1	Gymnastics – Body Parts, Wide Narrow Curled Dance – Growing, The Zoo	Attack V Defence – Games for Understanding Ball Skills – Feet, Hands	Locomotion – Jumping Running Swimming (External)
Y2	Gymnastics – Linking, Pathways Dance – Explorers, Water	Attack V Defence – Games for Understanding Swimming (External)	Ball Skills – Feet, Hands Locomotion – Dodging, Jumping
Y3	Gymnastics – Symmetry and Assymetry Dance – Weather, Wild Animals	Games – Invasion Swimming (External)	Outdoor Adventure Activities – Communication and tactics Athletics – Running, jumping, throwing, competitions
Y4	Gymnastics - Bridges Swimming (External)	Dance – Cats, Space Games – Net/Wall	Outdoor Adventure Activities - Orienteering Athletics - Running, jumping, throwing, competitions
Y5	Swimming (External) Gymnastics – Counter balance and counter tension	Dance – Greeks, The Circus Games – Striking & Fielding	Health Related Exercise Athletics - Running, jumping, throwing, competitions
Y6	Gymnastics – Matching and Mirroring Dance – Carnival, Titanic	Games – Invasion Games – Net/wall	Health Related Exercise Athletics - Running, jumping, throwing, competitions

### Commentary

EYFS – explore movement

KS1 – develop skills and knowledge

KS2 – apply skills and knowledge in sports and competitions and begin to lead their own learning

Every year group is taught athletics (known as ‘locomotion’ in lower school), dance, gymnastics and games, building on the skills and knowledge taught previously. Some year groups are taught swimming (currently KS1 and years 3,4 and 5) The Complete P.E. scheme of work has been recently introduced (Summer 2) and will be followed to ensure consistency and progression through school and this will be adapted to meet the needs of our pupils. Some children with HLN have individual provision maps, HCP and moving & handling policies. The Complete PE scheme shows how the success criteria in Upper KS2 feed into the success criteria for KS3, ensuring they are prepared for the next stage of their school life.