


Half-Termly SCARF topics Year 5

Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus	Includes aspects of safe internet use, drugs and Relationships Education	Includes money/living in the wider world/environment	Includes keeping healthy/Growth Mindset/goal setting/achievement	Includes RHE-related issues
<p><u>Collaboration Challenge!</u></p> <p><u>Give and take</u></p> <p><u>How good a friend are you?</u></p> <p><u>Relationship cake recipe</u></p> <p><u>Being assertive</u></p> <p><u>Our emotional needs</u></p> <p><u>Communication</u></p>	<p><u>Qualities of friendship</u></p> <p><u>Kind conversations</u></p> <p><u>Happy being me</u></p> <p><u>The land of the Red People</u></p> <p><u>Is it true?</u></p> <p><u>It could happen to anyone</u></p>	<p><u>'Thinking' about habits</u></p> <p><u>Jay's dilemma</u></p> <p><u>Spot bullying</u></p> <p><u>Ella's diary dilemma</u></p> <p><u>Decision dilemmas</u></p> <p><u>Decision dilemmas</u></p> <p><u>Play, like, share</u></p> <p><u>Drugs: true or false?</u></p> <p><u>Would you risk it?</u></p>	<p><u>What's the story?</u></p> <p><u>Fact or opinion?</u></p> <p><u>Rights, responsibilities and duties</u></p> <p><u>Mo makes a difference</u></p> <p><u>Spending wisely</u></p> <p><u>Lend us a fiver!</u></p> <p><u>Local councils</u></p>	<p><u>Getting fit</u></p> <p><u>It all adds up!</u></p> <p><u>Different skills</u></p> <p><u>My school community (2)</u></p> <p><u>Independence and responsibility</u></p> <p><u>Star qualities?</u></p> <p><u>Basic first aid</u></p>	<p><u>How are they feeling?</u></p> <p><u>Taking notice of our feelings</u></p> <p><u>Dear Hetty</u></p> <p><u>Changing bodies and feelings</u></p> <p><u>Growing up and changing bodies</u> (Not to deliver lessons- puberty workshop by SCARF delivered to Yr 5/6)</p> <p><u>It could happen to anyone</u></p> <p><u>Help! I'm a teenager - get me out of here!</u>- How to deal with mood swings</p> <p><u>Dear Ash</u>- Reading different scenarios, what would children do?</p> <p><u>Stop, start, stereotypes</u> discusses the terminology - Gender identity, Gender expression, gender orientation</p>
<p>*Adapt content according to maturity levels and other factors*</p>					

 Relationship Education

 Physical Health and Mental well-being

 Relationship and Health Education

