

Half termly SCARF topics- Year 1

Me and My Relationships	Valuing Difference	Keeping Myself Safe	Rights and Responsibilities	Being My Best	Growing and Changing
Includes feelings/emotions/conflict resolution/friendships	Includes British Values focus	Includes aspects of Relationships Education	Includes money/living in the wider world/environment	Includes keeping healthy/Growth Mindset/goal setting/achievement	Includes RHE-related issues
<p><u>Why we have classroom rules</u></p> <p><u>Thinking about feelings</u></p> <p><u>Our feelings</u></p> <p><u>Feelings and bodies</u></p> <p><u>Our special people balloons</u></p> <p><u>Good friends</u></p> <p><u>How are you listening?</u></p>	<p><u>Same or different?</u></p> <p><u>Unkind, tease or bully?</u></p> <p><u>Harold's school rules</u></p> <p><u>Who are our special people?</u></p> <p><u>It's not fair!</u></p>	<p><u>Healthy me</u></p> <p><u>Super sleep</u></p> <p><u>Who can help? (1)</u></p> <p><u>Harold loses Geoffrey</u></p> <p><u>What could Harold do?</u></p> <p><u>Good or bad touches? (PANTS NSPCC)</u></p>	<p><u>Harold's wash and brush up</u></p> <p><u>Around and about the school</u></p> <p><u>Taking care of something</u></p> <p><u>Harold's money</u></p> <p><u>How should we look after our money?</u></p> <p><u>Basic first aid</u></p>	<p><u>I can eat a rainbow</u></p> <p><u>Eat well</u></p> <p><u>Catch it! Bin it! Kill it!</u></p> <p><u>Harold learns to ride his bike</u></p> <p><u>Pass on the praise!</u></p> <p><u>Harold has a bad day</u></p>	<p><u>Inside my wonderful body!</u>-labelling organs</p> <p><u>Taking care of a baby</u></p> <p><u>Then and now</u>-How do you look different to when you were a baby?</p> <p><u>Who can help?</u> Discussion around bullying</p> <p><u>Surprises and secrets</u>-Story of Alfie breaking a window and Harold keeping it a secret- discussion regarding if this is appropriate)</p> <p><u>Keeping privates private</u>-labelling private parts- penis and vulva, going to the toilet activity sheet-what did you do as a baby/toddler etc.</p>
<p>*Adapt content according to maturity levels and other factors*</p>					