

## About your children's School Meals

We are Nottingham Catering Eat Culture - Education, the caterer at your school and the largest provider in Nottingham.



### Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

### Free School Meals

Universal Infant Free School Meals can save parents up to £487 per year. School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office.

If you are in receipt of benefits, you may be entitled to continue having Free School Meals.

Check your eligibility and apply at

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

### Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious, balanced, and also low in fat and sugar

### Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet form please complete at the below.

<https://forms.office.com/e/nEYJUzbEZt?origin=IprLink>



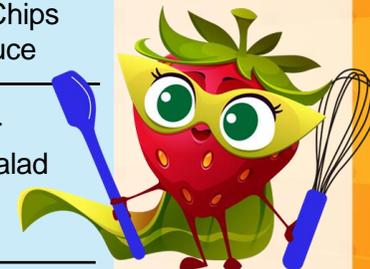
 MSC-C-54995 Seafood with this mark comes from an MSC-certified sustainable fishery. [www.msc.org](http://www.msc.org)

 **Eat Culture**  
Education Catering

# LUNCHTIME

## Edale School

Salad, fresh fruit, bread and water are available to pupils every day in all schools. For allergen information please ask a member of the catering team.



### Pizza Monday



### Tuck In Tuesday

### Roasty Toasty Feast Wednesday

### Around the World Thursday

### Fish Friday

#### Main

Meat Feast Pizza or Cheese and Tom Pizza

Hot Dog or Veggie Hot Dog  
Halal Chicken Hot Dog

Roast Turkey with Gravy or Quorn Roast with Gravy or Halal Chicken

Magic Macaroni Cheese or Halal Spaghetti Bolognaise

Fish Fingers or Fishless Fingers

Served with Garlic Bread & Coleslaw

Served with Potato Wedges

Served with Cloudy Mash Mountains & Yorkshire Pudding

Served with Baguette Slice

Served with Crispy Oven Chips & Tomato Sauce

#### Seasonal Veg/Salad

Crunchy Carrot and Cucumber Batons or Crispy Fresh Salad

Baked Beans or Fresh Salad

Crunchy Carrots / Broccoli Trees

Crunchy Carrots / Crispy Fresh Salad

Power Peas or Crispy Fresh Salad

#### Something Different

Jacket Potato with choice of filling (Cheese / Tuna)

Veggie Meatball Pasta Served with Baguette Slice & Crispy Fresh Salad

Cheese & Tomato Panini Served with Crispy Fresh Salad

Jacket Potato with choice of filling (Cheese / Tuna)

Ham or Cheese Sandwich served with Crispy Fresh Salad

#### Dessert

Jelly and Fruit  
Or Fresh Fruit Salad

Jam Drop Biscuit with Milk  
Or Fresh Fruit Salad

Apple Muffin  
Or Fresh Fruit Salad

Chocolate Crispy Cakes  
Or Fresh Fruit Salad

Marble Cake & Custard  
Or Fresh Fruit Salad



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#### Main

BBQ Chicken Pizza  
or Cheese and Tom Pizza

Beef Burger  
or Veggie Burger  
Halal Beef Burger

Roast Pork with Gravy or Quorn Roast with Gravy or Halal Chicken

Veggie Mexican Fiesta Wraps Halal Chicken Curry

Salmon Fish Fingers  
or Fishless Fingers

Served with Garlic Bread & Coleslaw

Served with Diced Potatoes

Served with Cloudy Mash Mountains & Yorkshire Pudding

Served with Flatbread & Rice

Served with Crispy Oven Chips & Tomato Sauce

#### Seasonal Veg/Salad

Carrot and Cucumber Batons or Crispy Fresh Salad

Baked Beans or Crispy Fresh Salad

Crunchy Carrots or Broccoli Trees

Sunshine Sweetcorn or Crispy Fresh Salad

Power Peas or Crispy Fresh Salad

#### Something Different

Jacket Potato with choice of filling  
(Cheese / Tuna)

Mascarpone Pasta Served with Baguette Sliced & Crispy Fresh Salad

Cheese and Tomato Panini Served with Crispy Fresh Salad

Jacket Potato with choice of filling  
(Cheese / Tuna)

Ham or Cheese Sandwich served with Crispy Fresh Salad

#### Dessert

Oaty Cookies  
Or Fresh Fruit Salad

Corn Flake Tart & Custard  
Or Fresh Fruit Salad

Chocolate Shortbread  
or Fresh Fruit Salad

Iced Mandarin Sponge & Milk  
Or Fresh Fruit Salad

Iced Carrot and Pineapple Muffin and Milk  
Or Fresh Fruit Salad



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Main

Ham Pizza or Cheese and Tomato Pizza

Homemade Pork Sausage Roll or Cheese Snack

Roast Chicken with Gravy or Veggie Sausage with Gravy  
Halal Chicken

BBQ Quorn Halal BBQ Chicken

Breaded Fish Portion or Fishless Fingers

Served with Garlic Bread and Coleslaw

Served with Potato Wedges

Served with Cloudy Mash Mountains & Yorkshire Pudding

Served with Rice & Flatbread

Served with Crispy Oven Chips & Tomato Sauce

Seasonal Veg/Salad

Carrot & Cucumber Batons or Crispy Fresh Salad

Baked Beans or Crispy Fresh Salad

Crunchy Carrots or Broccoli Trees

Sunshine Sweetcorn or Crispy Fresh Salad

Power Peas or Fresh Salad

Something Different

Tomato and Basil Pasta Served Baguette Slice

Jacket Potato with choice of filling (Cheese / Tuna/ Beans)

Cheese and Tomato Panini Served With Crispy Fresh Salad

Pizza Pasta Served With Baguette & Crispy Fresh Salad

Ham or Cheese Sandwich served with Crispy Fresh Salad

Dessert

Flapjack and Raisins Or Fresh Fruit Salad

Ice Cream & Fruit Or Fresh Fruit Salad

Chocolate & Orange Cookie Or Fresh Fruit Salad

Bakewell Muffin & Milk Or Fresh Fruit Salad

Chocolate Fudge Pudding & Custard Or Fresh Fruit Salad

