# **Edale Rise Primary and Nursery School**



# Anti-Bullying Policy Pupil policy

#### Introduction:

# Bullying of any kind is unacceptable in our school.

If you have any worries over bullying please speak to a grown up in school.

## What is bullying?

Bullying is when someone keeps hurting another person (physically or emotionally). This may happen in school, on the way to school, at home or over the internet.

#### **Prevention of Bullying:**

At Edale, we try to stop bullying happening by:

- Having our Take Care ethos:
  - o We Take Care of Ourselves
  - o We Take Care of Each Other
  - o We Take Care of our Work
  - We Take Care of our School and our World
- Having classroom staff who are always ready to listen to children who are worried about bullying
- Having a full-time Learning Mentor who is always available
- Having 'Chatterbox' in the corridor so you can ask to speak to someone
- Being a team and respecting everyone
- Teaching pupils how to behave and get on with each other and talking about how it feels to be bullied.
- Making sure pupils have lessons on bullying and internet safety
- Joining in the national anti-bullying week
- Making sure grown-ups in school know how to teach lessons on anti- bullying and respecting each other
- Having the friendship stop in the playground

#### Types of Bullying:

- Emotional: unfriendliness, exclusion, tormenting, threatening
- Physical: any threat or use of physical violence
- Racist or religious: racial or religious taunts, graffiti, gestures
- Sexual: unwanted physical contact or abusive comments
- Verbal: name calling, rumours, teasing
- Cyber: misuse of areas of internet, threats via mobile 'phone or internet chat rooms

# Reporting and Responding to Bullying:

You can let someone know about your worries by:

- Speaking to your class teacher or teaching assistant
- Speaking to the Learning Mentor
- Speaking to another member of staff
- Putting a piece of paper with your name on in the 'Chatterbox' in the corridor
- Talking to another child, who can then report to staff
- Talking to their parent, who can then report to staff

#### Grown-ups in school might then:

- Talk to you about your worries
- Teach a special lesson in your class about bullying
- Talk to the Headteacher so that a plan can be made to stop the bullying
- Talk to your grown-ups at home so that they can help too

#### Outcomes:

- There will always be help for you. There are many ways grown-ups in school can help you but we will work with you to decide the best things to do together.
- The bullying will be stopped straight away.
- Grown-ups will make sure that they have spoken to everyone involved to work out how to sort the bullying out.
- The Headteacher will speak to children who have been bullying. The Headteacher will decide what to do next. It will depend on what has happened.
- The child's parents might be asked to meet the Headteacher and the child might be suspended or excluded.

# Appendix 1:

# Signs and Symptoms of Bullying

In school, the grown-ups are here to help you. They might notice a change in your behaviour and sometimes this might be because of bullying. They will look out for things such as:

- Changes in behaviour or feelings
- · Not wanting to come to school
- Crying
- Tiredness
- Changes in eating for example eating a lot more or less
- Bruises and cuts
- Not wanting to play with children
- Not wanting to use a mobile phone
- Destruction of property/theft

If you are being bullied you must let someone know so that you can get help. It is then up to the grown-ups in school to sort things out and make sure the bullying has stopped.

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